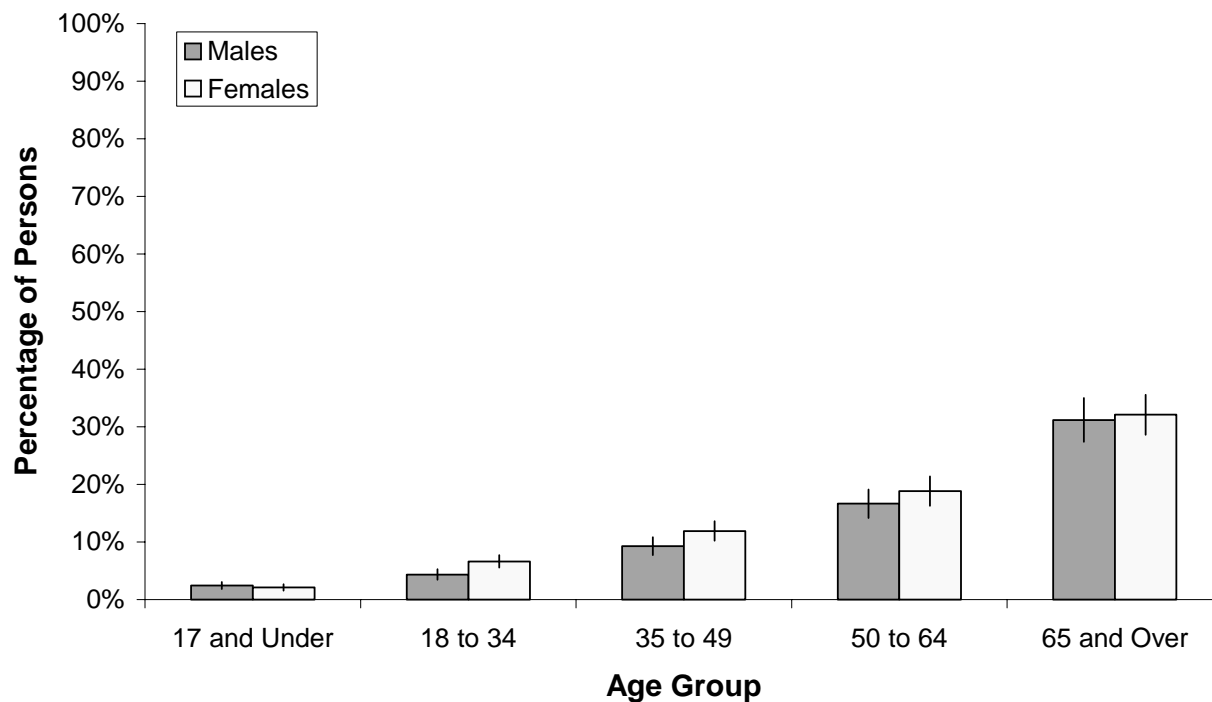




### General Health Status: Percentage of Persons Who Were in Fair or Poor Health by Sex and Age, Utah 2001



- Perceived health is an indicator of health status that is measured by surveys, and is not available through other existing data sources.
- The likelihood that an individual will report that his or her health is fair or poor increases with age. It is also slightly higher for women overall.

# General Health Status



**Table 1. General Health Status: Percentage of Persons Who Were in Fair or Poor Health by Sex, Age, and Local Health District, Utah 2001.**

Demographic Subgroup	Utah Population Distribution		Survey Estimates of Utahns Who Were in Fair/Poor Health		
	Percentage Distribution	Number of Persons <sup>1</sup>	Percentage of Persons Who Were in Fair/Poor Health <sup>2</sup>	Number of Persons <sup>3,4</sup>	Percentage Distribution of Persons in Fair/Poor Health by Subgroup <sup>4</sup>
2001 Utah Population	100.0%	2,295,967	9.1% $\pm$ 0.5%	207,900	100.0%
Sex					
Male	50.1%	1,150,881	8.0% $\pm$ 0.6%	92,500	44.5%
Female	49.9%	1,145,086	10.1% $\pm$ 0.7%	115,300	55.5%
Total, All Utahns	100.0%	2,295,967	9.1% $\pm$ 0.5%	207,900	100.0%
Age Group					
17 and Under	31.8%	730,417	2.3% $\pm$ 0.4%	16,700	8.0%
18 to 34	29.1%	669,170	5.5% $\pm$ 0.7%	36,700	17.6%
35 to 49	19.2%	439,986	10.6% $\pm$ 1.2%	46,600	22.4%
50 to 64	11.4%	262,021	17.8% $\pm$ 1.9%	46,500	22.3%
65 and Over	8.5%	194,373	31.7% $\pm$ 2.8%	61,600	29.6%
Total, All Utahns	100.0%	2,295,967	9.1% $\pm$ 0.5%	207,900	100.0%
Sex and Age					
Males, 17 and Under	16.4%	375,761	2.4% $\pm$ 0.6%	9,200	4.4%
Males, 18 to 34	14.7%	338,358	4.3% $\pm$ 0.9%	14,700	7.1%
Males, 35 to 49	9.7%	222,338	9.3% $\pm$ 1.6%	20,600	9.9%
Males 50 to 64	5.6%	129,263	16.6% $\pm$ 2.5%	21,500	10.3%
Males, 65 and Over	3.7%	85,161	31.2% $\pm$ 3.8%	26,600	12.8%
Females, 17 and Under	15.4%	354,656	2.1% $\pm$ 0.6%	7,500	3.6%
Females, 18 to 34	14.4%	330,812	6.7% $\pm$ 1.1%	22,000	10.6%
Females, 35 to 49	9.5%	217,648	11.9% $\pm$ 1.7%	25,900	12.4%
Females 50 to 64	5.8%	132,758	18.9% $\pm$ 2.6%	25,000	12.0%
Females, 65 and Over	4.8%	109,212	32.1% $\pm$ 3.5%	35,100	16.9%
Total, All Utahns	100.0%	2,295,967	9.1% $\pm$ 0.5%	207,900	100.0%
Local Health District <sup>5</sup>					
Bear River	6.0%	138,600	8.6% $\pm$ 1.5%	12,000	5.8%
Central	2.9%	67,207	9.2% $\pm$ 1.8%	6,200	3.0%
Davis	10.7%	244,844	8.5% $\pm$ 1.6%	20,700	10.0%
Salt Lake	40.0%	918,279	9.4% $\pm$ 1.0%	86,600	41.7%
Southeastern	2.3%	52,817	11.7% $\pm$ 2.1%	6,200	3.0%
Southwest	6.4%	147,370	11.2% $\pm$ 1.9%	16,500	7.9%
Summit	1.4%	31,279	6.3% $\pm$ 1.6%	2,000	1.0%
Tooele	1.9%	44,430	8.6% $\pm$ 1.6%	3,800	1.8%
TriCounty	1.8%	41,640	11.9% $\pm$ 1.8%	4,900	2.4%
Utah County	16.8%	385,690	7.2% $\pm$ 1.2%	27,700	13.3%
Wasatch	0.7%	15,947	7.7% $\pm$ 1.7%	1,200	0.6%
Weber-Morgan	9.1%	207,864	9.6% $\pm$ 1.9%	19,900	9.6%
Total, All Utahns	100.0%	2,295,967	9.1% $\pm$ 0.5%	207,900	100.0%

1 Population estimates are based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget.

2 Plus or minus 95% confidence interval.

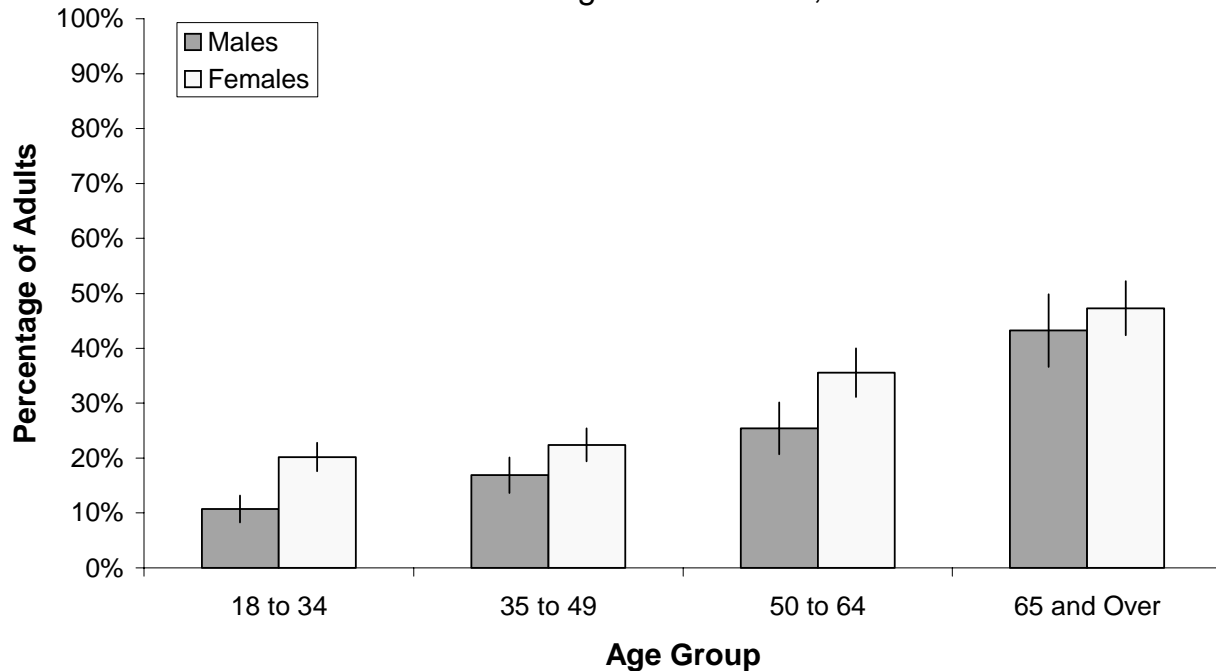
3 Rounded to the nearest 100 persons.

4 Figures in these columns may not sum to the total because of data weighting and missing values on the grouping variables.

5 These rates have not been age-adjusted. Age-adjusted rates are available upon request.



### General Physical Functional Status: Percentage of Adults Who Accomplished Less as a Result of Their Physical Health by Sex and Age Adult Utahns Age 18 and Over, 2001



- Accomplishing less as a result of physical health status is addressed by one of the 12 questions that were administered as the “SF-12,” the Medical Outcomes Study short-form, 12-item health status measure.
- About 23% of Utah adults surveyed indicated that they accomplished less in the last 30 days as a result of their physical health. This percentage increased with age.
- Among persons age 18 to 34, women were almost twice as likely (20% versus 11%) to indicate that they accomplished less because of their physical health.



**Table 2. General Physical Functional Status: Percentage of Adults Who Accomplished Less as a Result of Their Physical Health by Selected Demographic Characteristics, Utah Residents, Age 18 and Over, 2001.**

Demographic Subgroup	Population Size		Survey Estimates of Persons Who Accomplished Less		
	Percentage Distribution	Number of Persons <sup>1</sup>	Percentage of Persons <sup>2</sup>	Number of Persons <sup>3,4</sup>	Percentage Distribution by Demographic Subgroup
2001 Utah Population, Age 18+	100.0%	1,565,550	23.1% $\pm$ 1.3%	361,900	100.0%
Sex					
Male	49.5%	775,120	18.7% $\pm$ 1.9%	145,200	40.1%
Female	50.5%	790,430	27.4% $\pm$ 1.7%	216,700	59.9%
Total, All Utahns, Age 18+	100.0%	1,565,550	23.1% $\pm$ 1.3%	361,900	100.0%
Age Group					
18 to 34	42.7%	669,170	15.4% $\pm$ 1.8%	103,200	28.6%
35 to 49	28.1%	439,986	19.9% $\pm$ 2.2%	87,700	24.3%
50 to 64	16.7%	262,021	30.8% $\pm$ 3.3%	80,700	22.4%
65 and Over	12.4%	194,373	45.8% $\pm$ 4.0%	89,100	24.7%
Total, All Utahns, Age 18+	100.0%	1,565,550	23.1% $\pm$ 1.3%	361,900	100.0%
Sex and Age					
Males, 18 to 34	21.6%	338,358	10.8% $\pm$ 2.5%	36,600	10.1%
Males, 35 to 49	14.2%	222,338	16.9% $\pm$ 3.2%	37,700	10.5%
Males, 50 to 64	8.3%	129,263	25.3% $\pm$ 4.7%	32,700	9.1%
Males, 65 and Over	5.4%	85,161	43.0% $\pm$ 6.6%	36,700	10.2%
Females, 18 to 34	21.1%	330,812	20.1% $\pm$ 2.6%	66,500	18.4%
Females, 35 to 49	13.9%	217,648	23.0% $\pm$ 3.0%	50,000	13.9%
Females, 50 to 64	8.5%	132,758	35.9% $\pm$ 4.4%	47,700	13.2%
Females, 65 and Over	7.0%	109,212	48.3% $\pm$ 4.9%	52,700	14.6%
Total, All Utahns, Age 18+	100.0%	1,565,550	23.1% $\pm$ 1.3%	361,900	100.0%
Local Health District <sup>5</sup>					
Bear River	6.0%	93,555	20.3% $\pm$ 3.4%	19,000	5.3%
Central	2.8%	44,411	23.0% $\pm$ 4.1%	10,200	2.8%
Davis	10.3%	160,801	23.4% $\pm$ 4.2%	37,700	10.4%
Salt Lake	40.9%	640,654	22.8% $\pm$ 2.3%	146,400	40.5%
Southeastern	2.3%	35,968	26.4% $\pm$ 4.4%	9,500	2.6%
Southwest	6.5%	101,940	27.6% $\pm$ 4.4%	28,100	7.8%
Summit	1.4%	22,186	16.1% $\pm$ 3.5%	3,600	1.0%
Tooele	1.9%	29,436	22.7% $\pm$ 3.5%	6,700	1.9%
TriCounty	1.8%	27,434	29.3% $\pm$ 4.2%	8,000	2.2%
Utah County	16.3%	254,723	21.2% $\pm$ 3.1%	54,000	14.9%
Wasatch	0.7%	10,662	21.0% $\pm$ 4.1%	2,200	0.6%
Weber-Morgan	9.2%	143,780	25.3% $\pm$ 4.5%	36,400	10.1%
Total, All Utahns, Age 18+	100.0%	1,565,550	23.1% $\pm$ 1.3%	361,900	100.0%

1 Population estimates are based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

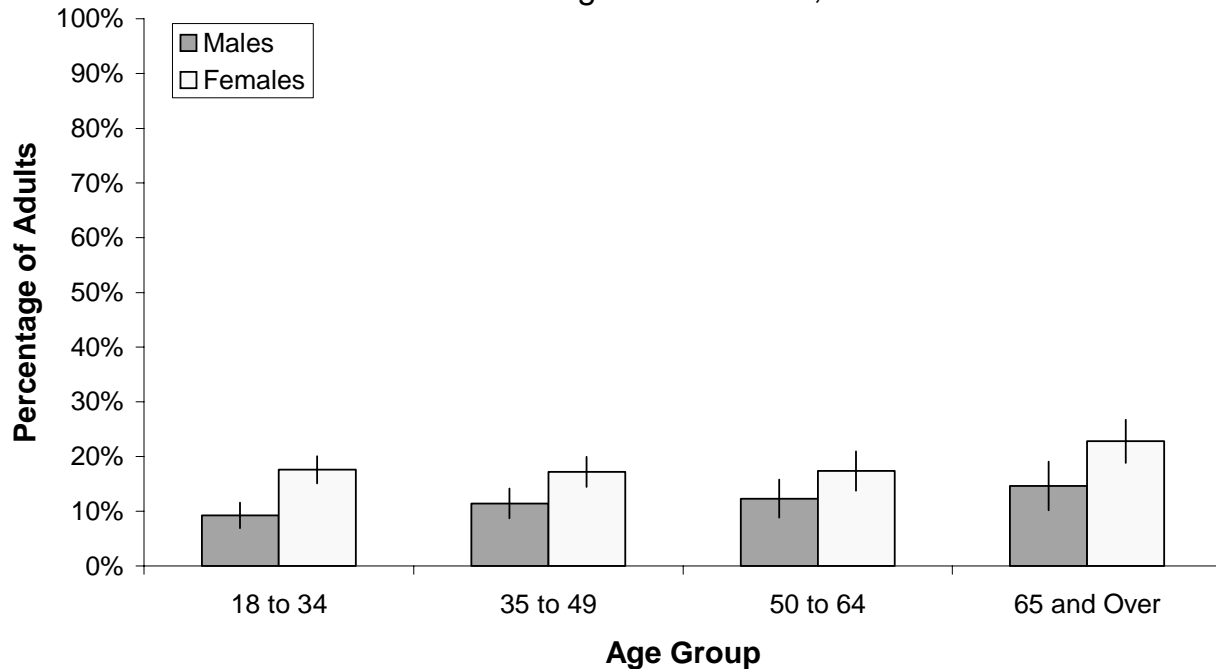
4 Figures in these columns do not sum to the total because of missing values on the grouping variables.

5 These rates have not been age-adjusted. For age-adjusted rates see Appendix A.

2001 Utah Health Status Survey, Utah Department of Health



### General Mental Functional Status: Percentage of Adults Who Accomplished Less as a Result of Their Mental Health by Sex and Age Adult Utahns Age 18 and Over, 2001



- Accomplishing less as a result of one's mental health is also addressed by one of the questions from the Medical Outcomes Study SF-12 Survey. The SF-12 is the only direct measure of mental health status in the 2001 Utah Health Status Survey, and one of the only population measures of mental health that is available in Utah.
- 14.6% of surveyed Utah adults indicated that they accomplished less in the last 30 days as a result of their mental health.
- Women were more likely to indicate that they accomplished less because of their mental health than were men; this was especially evident for those women age 18 to 34 who were almost twice as likely (17.6% versus 9.3%) as men age 18 to 34 to indicate that they accomplished less because of their mental health status.

# General Health Status



**Table 3. General Mental Functional Status: Percentage of Adults Who Accomplished Less as a Result of Their Mental Health by Sex, Age, and Local Health District, Adult Utahns Age 18 and Over, 2001.**

Demographic Subgroup	Utah Population Distribution		Survey Estimates of Utahns Who Accomplished Less		
	Percentage Distribution	Number of Persons <sup>1</sup>	Percentage of Persons Who Accomplished Less <sup>2</sup>	Number of Persons <sup>3,4</sup>	Percentage Distribution of Persons Who Accomplished Less by Subgroup <sup>4</sup>
2001 Utah Population, Adults 18+	100.0%	1,565,550	14.6% ± 1.1%	228,600	100.0%
Sex					
Male	49.5%	775,120	11.0% ± 1.5%	85,400	37.3%
Female	50.5%	790,430	18.1% ± 1.5%	143,300	62.7%
Total, All Utahns Age 18+	100.0%	1,565,550	14.6% ± 1.1%	228,600	100.0%
Age Group					
18 to 34	42.7%	669,170	13.4% ± 1.7%	89,500	39.2%
35 to 49	28.1%	439,986	14.3% ± 1.9%	63,100	27.6%
50 to 64	16.7%	262,021	14.9% ± 2.5%	39,100	17.1%
65 and Over	12.4%	194,373	19.0% ± 3.0%	36,900	16.1%
Total, All Utahns Age 18+	100.0%	1,565,550	14.6% ± 1.1%	228,600	100.0%
Sex and Age					
Males, 18 to 34	21.6%	338,358	9.3% ± 2.3%	31,300	13.7%
Males, 35 to 49	14.2%	222,338	11.5% ± 2.7%	25,500	11.1%
Males 50 to 64	8.3%	129,263	12.3% ± 3.5%	15,900	6.9%
Males, 65 and Over	5.4%	85,161	14.6% ± 4.4%	12,500	5.5%
Females, 18 to 34	21.1%	330,812	17.6% ± 2.5%	58,200	25.4%
Females, 35 to 49	13.9%	217,648	17.2% ± 2.7%	37,500	16.4%
Females 50 to 64	8.5%	132,758	17.3% ± 3.6%	23,000	10.1%
Females, 65 and Over	7.0%	109,212	22.8% ± 3.9%	24,900	10.9%
Total, All Utahns Age 18+	100.0%	1,565,550	14.6% ± 1.1%	228,600	100.0%
Local Health District <sup>5</sup>					
Bear River	6.0%	93,555	13.8% ± 3.0%	12,900	5.6%
Central	2.8%	44,411	14.5% ± 3.4%	6,500	2.8%
Davis	10.3%	160,801	14.9% ± 3.6%	24,000	10.5%
Salt Lake	40.9%	640,654	14.9% ± 1.9%	95,700	41.9%
Southeastern	2.3%	35,968	13.2% ± 3.2%	4,700	2.1%
Southwest	6.5%	101,940	15.6% ± 3.6%	15,900	7.0%
Summit	1.4%	22,186	7.2% ± 2.3%	1,600	0.7%
Tooele	1.9%	29,436	15.3% ± 3.0%	4,500	2.0%
TriCounty	1.8%	27,434	16.6% ± 3.4%	4,500	2.0%
Utah County	16.3%	254,723	13.4% ± 2.8%	34,200	15.0%
Wasatch	0.7%	10,662	11.8% ± 3.1%	1,300	0.6%
Weber-Morgan	9.2%	143,780	15.8% ± 3.6%	22,700	9.9%
Total, All Utahns Age 18+	100.0%	1,565,550	14.6% ± 1.1%	228,600	100.0%

1 Population estimates are based on Utah Process Economic and Demographic (UPED) model published in January 2002 by the Utah Governor's Office of Planning and Budget.

2 Plus or minus 95% confidence interval.

3 Rounded to the nearest 100 persons.

4 Figures in these columns may not sum to the total because of data weighting and missing values on the grouping variables.

5 These rates have not been age-adjusted. Age-adjusted rates are available upon request.